



## 2010 AGE DIVISIONS and WEIGHT CLASSES

The age divisions and weights listed below are to be followed at all ISWA Folkstyle, Freestyle and Greco-Roman events.

| AGE DIVISIONS    | BIRTH DATES                                                   | WEIGHT CLASSES                                                                                           |
|------------------|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| PEE-WEE          | Born 2004-2005                                                | 35, 40, 45, 50, 55, 65, 75, 85<br>(10 lbs maximum difference)                                            |
| BANTAM           | Born 2002-2003                                                | 40, 45, 50, 55, 60, 65, 70, 75, 90, 105, 120<br>(15 lbs. maximum difference)                             |
| INTERMEDIATE     | Born 2000-2001                                                | 50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 140, 160, 180 (20 lbs. maximum difference)            |
| NOVICE           | Born 1998-1999                                                | 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 165, 190, 215 (25 lbs. maximum difference) |
| SCHOOLBOY/ GIRL  | Born 1996-1997                                                | 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265                           |
| SCHOOLGIRL       | Born 1996-1997                                                | 66, 70, 74, 81, 88, 97, 105, 114, 125, 136, 136+<br>(30 lbs. maximum difference)                         |
| CADET (Men)      | Born 1994-1995                                                | 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285                         |
| CADET (Women)    | Born 1993-1994 (1995 with medical certificate)                | 79.25, 88, 101.25, 108, 114.5, 123.25, 132.25, 143.25, 154.25, 170, 185, 220                             |
| JUNIOR (Men)     | Born 9/1/1990 & after, plus enrolled in grades 9-12           | 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285                                 |
| JUNIOR (Women)   | Born 9/1/1990 & after, plus enrolled in grades 9-12           | 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220                                                |
| UNIVERSITY (Men) | Born 1986-1992 & athlete must have graduated from high school | 110, 121, 132, 145.5, 163, 185, 211.5, 264.5                                                             |
| SENIOR (Men)     | Born 1990 or before                                           | 121, 132, 145.5, 163, 185, 211.5, 264.5                                                                  |
| SENIOR (Women)   | Born 1990 or before                                           | 105.75, 112, 121, 130, 138.75, 147.5, 158.5                                                              |
| VETERANS (Men)   | Born 1980 or before                                           | 110, 138.5, 152, 167.5, 187.25, 213.75, 286.5                                                            |

The Pee-Wee age group can compete at the local and state levels only. USA Wrestling does not include this age divisions at any regional or national event. The Bantam age division is included in the Folkstyle Nationals but not in Freestyle/Greco regional or national competition.

At the state level only, weight classes will be added for Pee-Wee through Novice age divisions for any wrestler weighing heavier than the listed weights.